

“What Can I Do?”

The Role of
Hotel and Restaurant Managers

- Clearly understand the tobacco control law.
- Educate your staff about the tobacco control law and the hazards of smoking and inhaling secondhand smoke.
- Remove the ashtrays from the tables.
- Print a card saying “Smoking is prohibited in our restaurant” and place it before a smoking customer, before asking him/her to stop smoking.
- Stop people from smoking in your restaurant and report against violators, in writing, to a first-class magistrate. (Sections-5 & 13)
- Report to the police if someone sells cigarettes to anyone who is below 18 years of age. (Sections-8 & 13)
- Do not sell cigarettes and other tobacco products within 50 meters of an educational institution. (Sections-9)
- Display “No-Smoking Signs” outside and inside your restaurant or hotel. (Section-10)
- Restaurant managers are authorized by Section-12 to **eject** a smoker from the premises of which they are in-charge. (Section-12)



Smoking causes neck cancer

“Money spent on tobacco means money not spent on food, education and medicines”



Smoking causes throat cancer.
I will never be able to talk!

Sheesha Smoking:

A New Source of Death!

- Contrary to popular belief, the smoke from a “sheesha” or water-pipe contains numerous toxicants that cause lung cancer, heart disease and other diseases.
- Even after passing through water, the smoke contains cancer-causing chemicals. Sheesha is not a safer alternative to cigarettes!
- In a typical 1-hour long sheesha smoking session, a smoker inhales 100-200 times the volume of smoke, than by smoking a cigarette.
- By sharing a sheesha mouthpiece, one runs a serious risk of transmission of tuberculosis or hepatitis.

(Source: WHO Advisory Note
On Waterpipe Tobacco Smoking)

Tobacco Control Laws and Procedures: Information for Hotels & Restaurant Managers



Strengthening Tobacco Smoke-Free Islamabad Initiative

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Smoking Kills!

Tobacco causes cancer, heart disease and strokes. Globally, it kills 5,000,000 people every year.

Passive smoking is the inhalation of smoke from tobacco products used by others. Scientifically there is no doubt that exposure to tobacco smoke causes death, disease and disability. Second-hand smoke kills 600,000 people each year globally.



Spending two hours in a smoky room is equal to smoking four cigarettes.

Spending two hours in the non-smoking section of a restaurant is equal to smoking two cigarettes.

S.R.O 51 (KE)/2009 has now disallowed “Designated Smoking Areas” in all places of public work or use: “Smoking Sections” in restaurants are now illegal.

In Pakistan tobacco kills 100,000 persons every year. This is 274 deaths per day!

Fortunately, all these deaths are preventable! You can save lives!

Please understand the Tobacco Control Law.
It just takes a few minutes!

“Prohibition of Smoking and Protection of Non-Smokers Health Ordinance, 2002” and Rules made under this Law.

Section-5 and **SRO 51 (KE)/2009**, declare all places of public work or use as completely smoke free. A place of public work or use includes auditoriums, buildings, health institutions, amusement centers, restaurants, public offices, court buildings, cinema halls, conference or seminar halls, eating houses, hotel lounges, other waiting lounges, libraries, bus stations or stands, sports stadiums, educational institutions, libraries and the like which are visited by general public but does not include any open place.

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Section-7: Prohibits any person or company to advertise tobacco products on any media or in any place if this advertisement is not in accordance with guidelines prescribed by the government.

Section-8: Prohibits sale of cigarette or any other smoking substance to any person who is below the age of eighteen years.

Section 9 prohibits sale or distribution of cigarette or any other smoking substance or any other tobacco product within 50 meters from any college, school or educational institution.

Section-10: The owner / manager / incharge of every place of public work or use is responsible to display and exhibit a board at a conspicuous place in and outside the premises visited or used by the general public prominently stating that the place is a “NO SMOKING ZONE” and that “SMOKING IS AN OFFENCE”.

Section-12: Any authorized person or a police officer (sub-inspector or above) may eject any person from any place of public work or use who contravenes the provisions of this Ordinance.

Section 4 and **S.R.O. 654 (I)/2003**, declares, managers of restaurants in respect of their own establishments, as authorized officers in respect of sections 5, 10, 12 and 13.

Section-13: A first class magistrate shall take cognizance of any offence under this Ordinance on a complaint in writing by an authorized officer with respect to an offence under Sections 5 and 10 and on a report in writing by a police officer, not below the rank of sub-inspector, with respect to an offence under Sections 7, 8 and 9.

Section-11: Penalties.

On violation of Section 5 & 10

- First offence - Fine up to Rs.1000.
- Second offence - Fine not less than Rs.100,000.

On violation of Section 7, 8 & 9

- First offence - Fine up to Rs.5000.
- Second offence - Fine not less than Rs.100,000 or imprisonment up to three months or both.