

“What Can I Do?”

The Role of
Heads of Educational Institutions

- Clearly understand the tobacco control law.
- Organize events and clubs to educate school staff and students about the tobacco control law and the hazards of smoking and inhaling secondhand smoke.
- Stop people from smoking in your educational institution and report against violators, in writing, to a first-class magistrate. (Sections-5 & 13)
- Ensure there is no smoking in school/college buses. Bus drivers and conductors are authorized by law to stop smoking in their vehicles and to file a complaint in writing before a first-class magistrate against violators. (Sections-4 & 6)
- Report to the police if someone sells cigarettes to anyone who is below 18 years of age. (Sections-8 & 13)
- Report to police if someone sells cigarettes and other tobacco products within 50 meters of your educational institution. (Sections-9 & 13)
- Display “No-Smoking Signs” outside and inside your educational institution. (Section-10)
- A head of an educational institution is authorized by Section-12 to eject a smoker from the educational institution of which he or she is in-charge. (Section-12)



Smoking causes neck cancer

“Money spent on tobacco means money not spent on food, education and medicines”



Smoking causes throat cancer.
I will never be able to talk!

Sheesha Smoking:

A New Source of Death!

- Contrary to popular belief, the smoke from a “sheesha” or water-pipe contains numerous toxicants that cause lung cancer, heart disease and other diseases.
- Even after passing through water, the smoke contains cancer-causing chemicals. Sheesha is not a safer alternative to cigarettes!
- In a typical 1-hour long sheesha smoking session, a smoker inhales 100-200 times the volume of smoke, than by smoking a cigarette.
- By sharing a sheesha mouthpiece, one runs a serious risk of transmission of tuberculosis or hepatitis.

(Source: WHO Advisory Note on
Waterpipe Tobacco Smoking)

Tobacco Control Laws and Procedures: Information for Heads of Educational Institutions



تمباکو نوشی کا انجام - گلے کا کینسر

**Strengthening Tobacco
Smoke-Free Islamabad Initiative**

**Capital Administration &
Development Division
Government of Pakistan**



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Smoking Kills!

Tobacco causes cancer, heart disease and strokes. Globally, it kills 5,000,000 people every year.

Passive smoking or second-hand smoking is the inhaling of smoke from tobacco products used by others. Second-hand smoke kills 600,000 people each year globally. It is as harmful as smoking itself!



Spending two hours in a smoky room is equal to smoking four cigarettes.

Inhaling tobacco smoke causes wrinkles and premature aging of the face!

The youth of Pakistan are being targeted by the tobacco industry. Approximately 1200 young Pakistanis between the ages of 6 and 15 take up smoking every day.

85% of adults, who smoke, started smoking before their 18th birthday.

In Pakistan tobacco kills 100,000 persons every year. This is 274 deaths per day!

Fortunately, all these deaths are preventable! You can save lives!

Please understand the Tobacco Control Law.

It just takes a few minutes!

“Prohibition of Smoking and Protection of Non-Smokers Health Ordinance, 2002” and Rules made under this Law.

Section-5 and **SRO 51 (KE)/2009**, declare all places of public work or use as completely smoke free. A place of public work or use includes auditoriums, buildings, health institutions, amusement centers, restaurants, public offices, court buildings, cinema halls, conference or seminar halls, eating houses, hotel lounges, other waiting lounges libraries, bus stations or stands, sports stadiums, **educational institutions, libraries** and the like which are visited by general public but does not include any open place.

Section-6: Smoking or use of tobacco in any other form is prohibited in **public service vehicles**.

SRO 53(KE)/2009: Prohibits **free goods, free samples or cash rebates** to generate sales and promote smoking.

Section-8: Prohibits **sale of cigarettes** or any other smoking substance to any person who is **below the age of eighteen years**.

Section-9: Prohibits **sale or distribution** of cigarettes or any other smoking substance or any other tobacco product within 50 meters from any **college, school or educational institution**.

Section-10: The owner / manager / incharge of

every place of public work or use is responsible to **display and exhibit a board at a conspicuous place in and outside the premises** visited or used by the general public prominently stating that the place is a “**NO SMOKING ZONE**” and that “**SMOKING IS AN OFFENCE**”.

Section-12: Any **authorized person** or a **police officer (sub-inspector or above)** may **eject** any person from any place of public work or use who contravenes the provisions of this Ordinance.

S.R.O. 654 (I)/2003 and **Section-4** declare all **heads of the educational institutions**, as **authorized persons**, in respect of the school or the institution he or she is head, in respect of Sections 5, 9, 10, 12 and 13. It also authorizes bus drivers and conductors with respect to taking action under Sections 6 and 13.

Section-13: A **first class magistrate** shall take **cognizance of any offence** under this Ordinance **on a complaint in writing by an authorized officer** with respect to an offence under Sections 5, 6 and 10 and on a report in writing by a police officer, not below the rank of sub-inspector, with respect to an offence under Sections 8 and 9.

Section-11: Penalties.

On violation of Section 5, 6 & 10

- First offence - Fine up to Rs.1000.
- Second offence - Fine not less than Rs.100,000.

On violation of Section 8 & 9

- First offence - Fine up to Rs.5000.
- Second offence - Fine not less than Rs.100,000 or imprisonment up to three months or both.